



St Brigid's Parish Cabinteely



First Sunday of Lent — 22nd Feb 2026

MESSAGE OF POPE LEO XIV FOR LENT 2026.
Listening and Fasting: Lent as a Time of Conversion

Lent emphasises the communal aspect of listening to the word and fasting. The Bible itself underlines this dimension in multiple ways.

For example, the Book of Nehemiah recounts how the people gathered to listen to the public reading of the Law, preparing to profess their faith and worship through fasting, so as to renew the covenant with God (cf. 9:1-3).

Likewise, our parishes, families, ecclesial groups and religious communities are called to undertake a shared journey during Lent, in which listening to the word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting a foundation for sincere repentance. In this context, conversion refers not only to one's conscience, but also to the quality of our relationships and dialogue. It means allowing ourselves to be challenged by reality and recognising what truly guides our desires — both within our ecclesial communities and as regards humanity's thirst for justice and reconciliation.

Dear friends, let us ask for the grace of a Lent that leads us to greater attentiveness to God and to the least among us. Let us ask for the strength that comes from the type of fasting that also extends to our use of language, so that hurtful words may diminish and give way to a greater space for the voice of others. Let us strive to make our communities places where the cry of those who suffer finds welcome, and listening opens paths towards liberation, making us ready and eager to contribute to building a civilisation of love.

I impart my heartfelt blessing upon all of you and your Lenten journey.

Mass times - Weekdays. Mon. Tues. Thurs. Fri. at **10am**
Including Bank Holidays. No mass on Wednesday.

Weekends. Vigil Mass (Saturday) **5.30 PM**

Sunday: 10.00am & 12.30pm

All masses available online

Confessions available after the Saturday 5.30pm vigil mass and the Friday 10am mass in the side chapel

www.churchservices.tv/cabinteely

Parish of St Brigid's Cabinteely

www.cabinteelyparish.ie : email info@cabinteelyparish.ie

Fr. Paul Ludden – PP. 01 -2858835

Fr Arthur O'Neill & Fr Paddy Devitt

Child Safeguarding Representative— 01 -2850455

Office/Sacristy 01 2858835. Monday - Friday 9 - 1pm

Registered Charity Number (RCN) 20016166 & CHY 7424

You can contact St Vincent de Paul at www.svp.ie or by phoning 01-8550022.

WEEKLY NEWSLETTER

FEAST DAYS

Mon 23rd — St Polycarp, Bishop & Martyr

Fri 27th — St. Gregory of Narek, Abbot & Doctor of the Church.

MASS INTENTIONS

Saturday Vigil Feb 21st — 5.30pm

Austin Whelan — Anniversary
Marie Brennan — Recently Deceased
Michael Brennan — 1st Anniversary

Sunday Feb 22nd — 10am

Moira Flavin — 7th Anniversary
Mary Holmes — Recently Deceased
Marian Kilkenny — 1st Anniversary
Special Intention

Sunday Feb 22nd — 12.30pm

Thomas Brazil—22nd Anniversary
Michael McGrath—Rec. Deceased
Catherine O'Giolláin—Rec. Deceased
Maeve Bree- Anniversary

Recently Deceased

Nancy Delaney
Clement McGann

Mon - 10am

Brian Hennessy — 1st Anniversary
Jimmy Brennan — 2nd Anniversary

Tues—10am

Joe Walshe—Recently Deceased

Thurs —10am

Philip Ryan - 26th Anniversary

Fri—10am

Kathleen Larkin—1st Anniversary

PLEASE TAKE HOME A COPY OF THIS NEWSLETTER

SENIORLINE

Would you like someone to talk to? **SeniorLine** is Ireland's national telephone service for older people open every day of the year. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to refer callers to other helpful services if necessary. So don't be alone if sharing a problem would help. **Phone 1800 80 45 91, open every day of the year 10am-10pm**

Encounter Jesus this Lent:

This Lent our **Partnership of Parishes** invite you to explore who the person of Jesus is and perhaps encounter him in a new way. **First 5 Fridays of Lent 20th & 27th February & 6th, 13th & 20th March** in Johnstown Parish Centre, Churchview Rd, from 7.30pm to 9pm. Tea/coffee at 7.30pm. Concluding with a 3 evening Partnership Retreat led by Fr. Pat Collins from **Tues. 24th to Thurs. 26th March in the Church of the Apostles in Ballybrack with Confessions from 7pm.** Enquiries: scpartnership2026@gmail.com
See flyer at back of church. **All are welcome**

There will be **Adoration of the Blessed Sacrament** this Thursday [and every Thursday unless notified] from 10.45 to 12noon. **ALL WELCOME**

The Old Dublin Society

Rob Goodbody will present 'Dublin's Industrial Heritage: From Sandymount Strand to Crumlin Road' at 6pm. on Wed Feb 25th to the Society in the Conference Room of Dublin City Library & Archive, 139 -144 Pearse Street. All are welcome – admission is free and no booking is required.

Join the Missionaries of the **Sacred Heart Pilgrimage** to Fatima from the 22nd to the 26th September 2026 ex Cork and Dublin. Spiritual Director Fr Joe McGee, MSC. For more details ring Karen in Barbers Travel or email kcallaghan@travelnet.ie “

Thank You For your Generosity

Sincere thanks to all who contribute so generously and regularly to our parish collections. The two collections during Mass go to the central administration of the diocese. The First Collection [plus dues] is used to pay the priest's salaries, both working & retired. The second collection (**Share**) pays for the services provided by the diocese and is used to support parishes that are struggling financially. If you want to support the parish at local level, you can use the weekly envelopes or pay by standing order (details in parish office). If you would like to make a donation by credit/ debit card, simply scan the QR code using the camera on your phone and it will take you to our secure online donations page, where you can enter your card details

First Collection



POWERED BY
Payzone

Second Collection



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St Anne's Parish Shankill will have **Evening Mass for Lent at 7pm Monday to Friday**. There will be Stations of the Cross beforehand at 6:30pm. It will be of benefit for people working who wish to attend mass during Lent.

Each Friday of Lent there will be **Stations of the Cross** after the 10am mass here in St Brigid's Cabinteely

Please contact the Parish Office to book in **ALL** mass intentions. Phone 2858835 or email info@cabinteelyparish.ie. Office open 9am-1pm weekdays

AWARE offer a free weekly group for people in the community who may be struggling with depression, anxiety, bipolar disorder & mood related conditions in Cabinteely. Details are on **Aware.ie website**. This group takes place in the **Ash Room, St Brigid's Pastoral Centre, Johnstown Road, Cabinteely, D18YP96. Time: Every Wednesday at 7pm**

Bereavement Support

The Irish Hospice Foundation provides a free Bereavement Support Line. This National freephone Service is available from 10am to 1pm, Mon to Fri, by calling **1800 807077**. Visit www.hospicefoundation.ie

Eucharistic Healing Retreat in Knock Shrine, led by gifted Croatian Priest, Fr Rozo Palic Sat March 7th & Sun March 8th in St. John's Welcome Centre; Saturday 10am - 6:30 pm & Sunday 10 am - 4:30 pm. He will be supported by his Croatian Music Ministry team; no prior booking required; everyone is most welcome and please bring a packed lunch. For more info contact, Patricia on 089 9466193 or Fiona on fionatjennings@yahoo.com.

TheWay.ie is a new digital platform set up by the Irish Bishops' Conference dedicated to sharing the Good News and the witness of the Catholic Church in Ireland. It is intended to help people discover the faith, live the faith and pass on the faith. It is for both seekers and followers. Visit www.theway.ie.

Prayer for Peace in Ukraine

Prayer for Peace in Ukraine to mark the 4th anniversary of the full-scale invasion of Ukraine will be held in Our Lady of Consolation Church (Donnycarney D9) on Sat Feb 21st at 4pm. This will be a time of reflection, solidarity and hope, as we hold in our prayers all those affected by the ongoing war. All are welcome. Please share this invitation with others in your community who may wish to attend.

Preparing for Marriage— Weekend residential courses available. 6-8 March 2026 and 13-15 November 2026. Details: www.grasta.org or at info@grasta.org
Married Couples course— Weekend residential courses available. 7-8 March 2026 and 14-15 November 2026. Details: www.grasta.org or at info@grasta.org