



St Brigid's Parish Cabinteely



Sunday Feb 15th 2026 - 6th Sunday in Ordinary Time

Hello Everyone,

I hope this note finds you well. All the wet weather could make the best of us with spirits hanging low. Lent beginning on Wednesday will come at a good time for us. It's a focus time to get closer in touch with God who wants us to be well both physically and inwardly. Fitness clubs are busy advertising these days, a good idea, however a "spiritual fitness" plan is also even more needed for each of us. Lent is the ideal time to renew our hearts to God Who created us and loves us. This Wednesday is Ash Wednesday. We receive ashes during Mass. It's good that people see ashes on our forehead. If people ask why we do, explain to them. It is a sign that we know our life is short and that we desire to be ready for the time God calls us. Lent is a time for some fasting, prayer and self-giving. Prayer helps us trust in God's help in our efforts to live better lives. Alms-giving sets us free from greed. Fasting wakes us up to the fact that God can satisfy our deepest desires. Whatever change we may need to make in our lives and there are bound to be some, let us ask for the help of God's grace and Our Lady's to accompany us.

Finally, we all often fall to setbacks in our quest to grow spiritually. That is why in her wisdom and knowledge of our human nature that the Sacrament of Confession is such a gift towards healing, growth and holiness.

Let us support each other, and especially through prayer through lent that the Easter mysteries may be celebrated not only in the liturgy of the church but also in the life of our families and in those we meet or remember.

May God's grace and goodness be with you now and always.

Fr Paul

Mass times - Weekdays. Mon. Tues. Thurs. Fri. at **10am**
Including Bank Holidays. No mass on Wednesday.

Weekends. Vigil Mass (Saturday) **5.30 PM**

Sunday: 10.00am & 12.30pm

All masses available online

Confessions available after the Saturday 5.30pm vigil mass and the Friday 10am mass in the side chapel

www.churchservices.tv/cabinteely

Parish of St Brigid's Cabinteely

www.cabinteelyparish.ie : email info@cabinteelyparish.ie

Fr. Paul Ludden – PP. 01 -2858835

Fr Arthur O'Neill, Fr Paddy Devitt and Fr Tom O'Keeffe

Child Safeguarding Representative— 01 -2850455

Office/Sacristy 01 2858835. Monday - Friday 9 - 1pm

Registered Charity Number (RCN) 20016166 & CHY 7424

You can contact St Vincent de Paul at www.svp.ie or by phoning 01-8550022.

WEEKLY NEWSLETTER

FEAST DAYS

Tues 17th — St. Fintan , Abbott

Wed 18th — **ASH WEDNESDAY**

Sat 21st — St Peter Damian, Bishop and doctor of the Church

MASS INTENTIONS

Saturday Vigil Feb 14th — 5.30pm

Brendan & Sarah Farrelly — 35th Anniversary

Sunday Feb 15th— 10am

Kieran Cotter — 2nd Anniversary

Charlie & Nora O'Connell—
Anniversaries

Sunday Feb 15th — 12.30pm

Mon - 10am

Mick Kenny—1st Anniversary

Tues—10am

Niall Kilroy — Recently Deceased

Ash Wednesday - 10AM

Thurs —10am

Special Intention

Fri—10am

Moira Flavin—7th Anniversary

PLEASE TAKE HOME A COPY OF THIS NEWSLETTER

SENIORLINE

Would you like someone to talk to? **SeniorLine** is Ireland's national telephone service for older people open every day of the year. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to refer callers to other helpful services if necessary. So don't be alone if sharing a problem would help. **Phone 1800 80 45 91, open every day of the year 10am-10pm**

Encounter Jesus this Lent:

This Lent our **Partnership of Parishes** invite you to explore who the person of Jesus is and perhaps encounter him in a new way. **First 5 Fridays of Lent 20th & 27th February & 6th, 13th & 20th March** in Johnstown Parish Centre, Churchview Rd, from 7.30pm to 9pm. Tea/coffee at 7.30pm. Concluding with a 3 evening Partnership Retreat led by Fr. Pat Collins from **Tues. 24th to Thurs. 26th March** in the Church of the Apostles in Ballybrack with Confessions from 7pm. Enquiries: scpartnership2026@gmail.com See flyer at back of church. **All are welcome**

There will be **Adoration of the Blessed Sacrament** this Thursday [and every Thursday unless notified] from 10.45 to 12noon. **ALL WELCOME**

The annual collection for **ACCORD/Relationship Care** Dublin, the Diocesan Agency for marriage and the family will be made at all masses this weekend **14th & 15th Feb 2026**. Accord offers Marriage preparation courses, Counselling for couples and individuals experiencing difficulties in their relationships and a relationship and sexuality programme for schools

Join the Missionaries of the Sacred Heart Pilgrimage to Fatima from the 22nd to the 26th September 2026 ex Cork and Dublin. Spiritual Director Fr Joe McGee, MSC. For more details ring Karen in Barbers Travel or email kcallaghan@travelnet.ie “

Thank You For your Generosity

Sincere thanks to all who contribute so generously and regularly to our parish collections. The two collections during Mass go to the central administration of the diocese. The First Collection [plus dues] is used to pay the priest's salaries, both working & retired. The second collection (**Share**) pays for the services provided by the diocese and is used to support parishes that are struggling financially. If you want to support the parish at local level, you can use the weekly envelopes or pay by standing order (details in parish office). If you would like to make a donation by credit/ debit card, simply scan the QR code using the camera on your phone and it will take you to our secure online donations page, where you can enter your card details

First Collection



POWERED BY
Payzone

Second Collection



POWERED BY
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Wednesday next **Feb 18th** is **Ash Wednesday** and the beginning of Lent. There will be Mass here in St Brigid's at **10am** and this will include the blessing and distribution of ashes.

Please contact the Parish Office to book in **ALL** mass intentions. Phone 2858835 or email info@cabinteelyparish.ie. Office open 9am-1pm weekdays

AWARE offer a free weekly group for people in the community who may be struggling with depression, anxiety, bipolar disorder & mood related conditions In Cabinteely. Details are on **Aware.ie website**. This group takes place in the **Ash Room, St Brigid's Pastoral Centre, Johnstown Road, Cabinteely, D18YP96. Time: Every Wednesday at 7pm**

Bereavement Support

The Irish Hospice Foundation provides a free Bereavement Support Line. This National freephone Service is available from 10am to 1pm, Mon to Fri, by calling **1800 807077**. Visit www.hospicefoundation.ie

LENT 2026 – WALKING IN MERCY RETREAT

Mercy International Association (MIA) is offering an online retreat on Tues Feb 17th on the theme 'Walking in Mercy'. The retreat, which will be offered by MIA's Head of Heritage and Spirituality Caroline Thompson, is an opportunity to kick-start your Lenten Journey through the lens of Mercy. The retreat will be offered via Zoom at 10am and 2pm. Self-registration is open now and all are welcome. For more see www.mercyworld.org.

Call-out for Interviews: **Our Suburbs in the '60s & '70s**. Did you move to a new housing estate in Dún Laoghaire-Rathdown in the '60s or '70s? Or did you grow up in Dún Laoghaire-Rathdown in the '40s and '50s and witness the emergence of these new estates? If you did, researchers Gavin Murphy and Deirdre Nuttall would like to speak with you as part of a social history of Dún Laoghaire-Rathdown's suburbs. We would like to find out about your memories of this time – your experiences of the houses, estates and wider area, raising families, the communities and friendships that developed, and the activities that you took part in.

Email: deirdre.nuttall@adverbage.com

Phone/text/WhatsApp message: Gavin Murphy 087 274 5818. This research project is supported by Dún Laoghaire-Rathdown Heritage Office and The Arts Council.

MARRIAGE ENRICHMENT WEEKEND

Catholic Marriage Encounter in Ireland. 20-22 Mar 2026. A weekend like no other. Venue: St Mary's, Knock, Co. Mayo. Visit www.marriageencounter.ie. Marriage Enrichment has, for many years, supported married couples in their Sacrament of Matrimony by offering them a sacred space to deepen their relationship, renew their commitment, and grow together through reflection, prayer, and dialogue.