



St Brigid's Parish Cabinteely



St Brigid's Day Feb 1st 2026 - 4th Sunday in Ordinary Time

St. Brigid, " Mary of the Gael", abbess and patroness of Ireland, and founder of the first Irish monastery in Kildare, was born near Dundalk in 450 A.D. Tradition tells us that her unbounded charity drew multitudes of the poor to her door and much enraged her father, Dubhtach, a Leinster pagan Chieftain and a stubborn disbeliever. As he lay on his deathbed, she sat by him and whiled away the time weaving a cross from the rushes at her feet. Her father asked her to explain it's meaning and was so overwhelmed that he became a Christian before his death. Many believed that this rush cross, which became her emblem, keeps evil and hunger from the homes in which it is displayed. For centuries, it has been customary on the eve of her feast-day for the Irish to fashion a St. Brigid's Cross of straw or rushes and place it inside the house, over the door. St. Brigid's feast day falls on the first of February, the day on which she died in 524 A.D. Her body lies at Downpatrick beside the graves of St. Patrick and St. Columba.

Prayer to St Brigid

Brigid, You were a woman of peace.

You brought harmony where there was conflict.

You brought light to the darkness.

You brought hope to the downcast.

May the mantle of your peace cover those who are troubled or anxious, and may peace be firmly rooted in our hearts and in our world.

Inspire us to act justly and to reverence all God has made.

Brigid you were a voice for the wounded and the weary.

Strengthen what is weak within us.

Calm us into a quietness that heals and listens.

May we grow each day into greater wholeness in mind, body and spirit.

Amen.

Mass times - Weekdays. Mon. Tues. Thurs. Fri. at **10am**

Including Bank Holidays. No mass on Wednesday.

Weekends. Vigil Mass (Saturday) **5.30 PM**

Sunday: 10.00am & 12.30pm

All masses available online

Confessions available after the 5.30pm vigil mass in the side chapel & weekday mornings after mass - on request

www.churchservices.tv/cabinteely

Parish of St Brigid's Cabinteely

www.cabinteelyparish.ie : email info@cabinteelyparish.ie

Fr. Paul Ludden – PP. 01 -2858835

Fr Arthur O'Neill, Fr Paddy Devitt and Fr Tom O'Keeffe

Child Safeguarding Representative— 01 -2850455

Office/Sacristy 01 2858835. Monday - Friday 9 - 1pm

Registered Charity Number (RCN) 20016166 & CHY 7424

You can contact St Vincent de Paul at www.svp.ie or by phoning 01-8550022.

WEEKLY NEWSLETTER

FEAST DAYS

Mon 2nd — The Presentation of the Lord - Feast — World day for consecrated life

Tues 3rd — St Blaise, Bishop & Martyr

Thurs 5th — St. Agatha, Virgin & Martyr

MASS INTENTIONS

Saturday Vigil Jan 31st — 5.30pm

Seamus Carey — Recently Deceased
Special Intention

Jackie Kennedy — Anniversary

Sunday Feb 1st — 10am

Michael Kenny — 1st Anniversary

Winifred Tallon — 5th Anniversary

The Lynch Family

Jackie Kennedy — Anniversary

Sunday Feb 1st — 12.30pm

Chris Kane — 6th Anniversary

Tom Brazil - 19th Anniversary

Noreen Murphy — 2nd Anniversary

Bank Holiday Mon - 10am

Denis & Maura O'Sullivan - Anniversaries

Tues—10am

Special Intention

Thurs —10am

Johnny Connaughton—Rec. Deceased

Fri—10am

First Friday

PLEASE TAKE HOME A COPY OF THIS NEWSLETTER

SENIORLINE

Would you like someone to talk to? **SeniorLine** is Ireland's national telephone service for older people open every day of the year. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to refer callers to other helpful services if necessary. So don't be alone if sharing a problem would help. **Phone 1800 80 45 91, open every day of the year 10am-10pm**

THEWAY.IE

TheWay.ie is a new digital platform set up by the Irish Bishops' Conference dedicated to sharing the Good News and the witness of the Catholic Church in Ireland. It is intended to help people discover the faith, live the faith and pass on the faith. It is for both seekers and followers. Visit www.theway.ie.

ANAM CARA, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on **Mon 9th Feb at 7.30pm in the Maldron Hotel, Whitestown Way, Tallaght**. This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance. We also offer an online support group meeting. To find out more call 01 4045378 or email info@anamcara.ie

CASA—Caring & Sharing Association

would like to express their gratitude to the Parishioners of St Brigid's for their wonderful generosity to their recent bag collection. Our charity shops provide us with the ability to continue to work with people with disabilities and their families. Each donation we receive truly makes a difference. www.casa.ie for more information

Next Saturday's Vigil mass [Feb 7th at 5.30pm] will be a preparation mass for all children making First Holy Communion in 2026

There will be **Adoration of the Blessed Sacrament** this Thursday [and every Thursday unless notified] from 10.45 to 12noon. **ALL WELCOME**

Thank You For your Generosity

Sincere thanks to all who contribute so generously and regularly to our parish collections. The two collections during Mass go to the central administration of the diocese. The First Collection [plus dues] is used to pay the priest's salaries, both working & retired. The second collection (**Share**) pays for the services provided by the diocese and is used to support parishes that are struggling financially. If you want to support the parish at local level, you can use the weekly envelopes or pay by standing order (details in parish office). If you would like to make a donation by credit/ debit card, simply scan the QR code using the camera on your phone and it will take you to our secure online donations page, where you can enter your card details

First Collection



POWERED BY
Payzone

Second Collection



POWERED BY
Payzone

Our local conference of **St. Vincent de Paul** will hold their usual monthly Collection at all masses **NEXT** weekend (the 7th and 8th February). The team would like to sincerely thank all those who support us regularly. If you are struggling and need our help, you can contact us at www.svp.ie or by phoning 01-8550022.

AWARE offer a free weekly group for people in the community who may be struggling with depression, anxiety, bipolar disorder & mood related conditions In Cabinteely. Details are on **Aware.ie website**. This group takes place in the **Ash Room, St Brigid's Pastoral Centre, Johnstown Road, Cabinteely, D18YP96. Time: Every Wednesday at 7pm**

Bereavement Support

The Irish Hospice Foundation provides a free Bereavement Support Line. This National freephone Service is available from 10am to 1pm, Mon to Fri, by calling **1800 807077**. Visit www.hospicefoundation.ie

"This May join the Missionaries of the Sacred Heart team as we walk **St Declan's Way** from the Rock of Cashel to the Round Tower in Ardmore. Spiritual Director: Fr Tony Horgan MSC. For more details regarding this fundraising pilgrimage please contact Mary at 021 454 6691 or email mary.morrish@mscmisssions.ie"

LENT 2026 – WALKING IN MERCY RETREAT

Mercy International Association (MIA) is offering an online retreat on Tues Feb 17th on the theme 'Walking in Mercy'. The retreat, which will be offered by MIA's Head of Heritage and Spirituality Caroline Thompson, is an opportunity to kick-start your Lenten Journey through the lens of Mercy. The retreat will be offered via Zoom at 10am and 2pm. Self-registration is open now and all are welcome. For more see www.mercyworld.org.

CATHOLIC MOTHERS

Calling All Catholic Mothers in Ireland! Join Catholic Mothers Ireland – a supportive community where faith and family come together. Connect with like-minded mothers, share experiences, and grow spiritually through prayer, fellowship, and encouragement. Be part of something uplifting – you are not alone on this journey! Visit www.catholicmothers.ie to learn more.

FOXROCK ARTS SOCIETY

Tues 3rd Feb at 8pm in Pastoral Centre behind Foxrock Church. A hugely enjoyable evening. Come and sing along to Are You Right There Michael, The Mountains of Mourne and many more. No need to book, just pay **€15** at the door. Percentage of the taking to Alzheimer's Society of Ireland.