

MASS INTENTIONS

Sat Vigil Jan 20th — 5.30pm

John Connolly — Anniversary
John Carroll — 17th Anniversary
Ellen McKean — Months Mind

Sunday Jan 21st - 10am

Breda O'Leary — Anniversary

Sunday Jan 21st 12.30pm

Niall Kavanagh—Recently Deceased
Mícheal Gormley — Anniversary
Dermot Delahunty — Anniversary
Danny Deegan — 3rd Anniversary
Fionnuala Dunne – Rec. Deceased
Nancy & Christy Swords—Anniversaries

Mon—10am

Funeral Mass of Pauline O'Dwyer

Tues 10am

Funeral Mass of Brian Cassidy

Thurs - 10am

Patrick Cunningham — Anniversary
Martin O'Flaherty—Anniversary

Fri - 10am

MASS TIMES

Weekdays

Mon. Tues. Thurs. Fri. at 10am
No mass on Wednesday.

Monday Bank Holidays at 11am-
Weekends

Vigil Mass (Saturday) 5.30 PM

Sunday: 10.00am & 12.30am

All masses available online
Confessions available after the
5.30pm vigil mass in the side
chapel & weekday mornings after
mass - on request

www.churchservices.tv/cabinteely

PARISH OF ST BRIGID'S CABINTEELY — JANUARY 21ST 2024

Fr. Donal Roche 086/8247132 donaljroche@gmail.com. Fr Arthur O'Neill & Fr Tom O'Keeffe.

Website. www.cabinteelyparish.ie **Email** info@cabinteelyparish.ie.

Office/Sacristy/Child Safeguarding Rep - 01 2858835. Mon-Fri 9 -1pm.

Registered Charity No. (RCN) 20016166 & CHY 7424



St Brigid's Day 2024

Mass will be broadcast from St Brigid's Church Cabinteely at **10.30am** on **Thursday Feb 1st 2024** on the RTE news channel. It will however, be pre recorded from earlier that day i.e. **7am**. All parishioners are very welcome to attend the early mass. **There will also be the usual 10am mass for the holy day.**

Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact 057 93 70221 and hear how we can support you or for more info visit www.familycarers.ie.

Do you seek the still, quiet voice of God?

This workshop will help us to understand the presence of God within each of us and our intimate relationship with that Presence.

A simple Christian meditation practice known as Centering Prayer will be introduced as a method to help us "rest in God" All are welcome to attend - those new to Centering Prayer and those re-viewing the method.

The workshop will be presented in: **The Cherith Pastoral Center, Church of St Columbanus, Loughlinstown Drive, - A96**

FP78 by Finbarr O'Leary and Conor Crowley;
The workshop will be available on two dates.

Sat Feb 3rd 10am-2.30pm **OR** Feb 10th 10am - 2.30pm (Please bring your own lunch - Tea/Coffee will be available) **Cost €40 per person.**

To find out more and/or book a place, please contact Finbarr O'Leary at: Mobile: 0868042810; Email: finbarr25f@gmail.com

Thank You for Your Generosity

Thank you to those who continue to contribute to the 1st Collection (Common Fund which pays an allowance to priests) and the 2nd Collection (Share which supports developing parishes & the Diocesan Administration) in addition to the planned Giving which supports the running of the parish. There are permanent boxes in place for 1st & 2nd Collections. There is also a double envelope for the 1st & 2nd Collections. If you put your name & address on the envelope we can claim the tax back on it.... **Fr Donal.**

BEREAVEMENT SUPPORT

The Irish Hospice Foundation provides a free Bereavement Support Line. This National Freephone Service is available from 10am to 1pm, Mon to Fri, by calling **1800 807077**. Visit www.hospicefoundation.ie for more info

Are You a Good Listener?

SeniorLine. Ireland's national confidential telephone service for older people is looking for older volunteers. Full training provided All details from Anne on 087-7450721

Adoration of the Blessed Sacrament
after 10am mass until 4pm on Mondays
and from 7-8pm on Thursdays in Church
of the Assumption, Dalkey.

GOSPEL CONTEMPLATION.

Gospel Contemplation, also known as Ignatian Contemplation, is a method of prayer which makes use of guided imagery in a Gospel passage of Jesus' life. We read the Gospel then share what we have learned from the passage. We finish with prayers for our families and friends. If this is a type of prayer you would be interested in trying we invite you to join us on Friday the 22nd January, or any other Friday, from 11.00-12.00 in the Pastoral Centre. There is no charge for this group.

AWARE - SUPPORT & SELF CARE GROUPS

If you wish to connect with people in relation to your mental well-being, please consider using the Phone In and Zoom Support & Self Care Groups, the Support Line or Support Mail, for more info.
<https://www.aware.ie/support/support-groups>

Young Adult Camino 2024

We are delighted to launch our Young Adult trip to the Camino **June 2024**. Completing the last 110km of the Camino from Sarria to Santiago, this is a pilgrimage not to miss! Places are limited and all details, including preparation days, can be found in the poster. If you wish to book, please fill out the form in the link: <https://forms.office.com/e/1GBviSd72R/>. All queries can be sent to natalie.doherty@dublindiocese.ie.

St. Ignatian Spiritual Exercises for Men

Led by Fr Stephen Kennedy, IVE, Friday Feb 2nd to Mon Feb 5th (bank holiday) in De La Salle retreat centre, Castletown, Laois, R32N6D8. Cost €200 - includes all meals and en-suite single rooms. Call Sr. Constancey 089-2152307 or c.puertadelaauroral@gmail.com

Escorted Pilgrimage to Westport, Knock & Co Mayo, 25th February 2024.

€799.00 pps. Price includes 5 nights' in 4* Castlecourt Hotel, Westport with Dinner, Bed & Breakfast. Lunch/Snack on 2 days. Afternoon Tea at Ashford Castle. All entertainment, excursions and transport included. Visit Knock, Galway City, Kylemore Abbey, Croagh Patrick & Cong. Single supplement on Enquiry. Contact Patricia or Natali on 094 9006426 or 087 1890 236 or email knockpilgrimages@gmail.com.

Lumen Dominican Centre spring brochure now available online at www.lumenop.ie Please contact us if you require further details on 01-2882075, 085 8727482 or info@lumenop.ie

Hymns for Sunday Mass

Christ Be our Light

Longing for light, we wait in darkness.
Longing for truth, we turn to you.
Make us your own, your holy people,
light for the world to see.

**Christ be our light! Shine in our hearts.
Shine through the darkness.
Christ, be our light! Shine in your church
gathered today.**

Longing for peace, our world is troubled.
Longing for hope, many despair.
Your word alone has power to save us.
Make us your living voice.

Chorus Repeat

Longing for food, many are hungry.
Longing for water, many still thirst
Make us your bread, broken for others,
shared until all are fed.

Chorus Repeat

Now Thank we all our God

Now thank we all our God,
With heart and hands and voices,
Who wondrous things has done,
In whom the world rejoices
Who from our mother's arms
Has blessed us on our way
With countless gifts of love,
And still is ours today

O may this bounteous God
Through all our lives be near us
With ever joyful hearts
And blessed peace to cheer us
And keep us in his grace
And guide us when perplexed
And free us from all ills
In this world and the next