



# St Brigid's Parish Cabinteely



## January 24<sup>th</sup> 2021- 3rd Sunday in Ordinary Time

It was a normal day by all accounts, but John just was not feeling himself. He was a little lightheaded and out of sorts. Later in the afternoon, he experienced a sharp pain in his chest and arm. Quick thinking and action brought John to the emergency department with a diagnosis of a significant heart attack. Surviving this ordeal, he found himself face to face with his cardiologist, having an honest conversation about things that needed to change. "I came close to death," John found himself thinking. Then came the remorse. He was a young man with a loving wife and children who were very close to facing life without him. John found himself with intense sorrow for living an unchecked and self-indulgent life that almost brought him to his demise. He wanted to change.

We all have our wake-up calls. We have experiences and encounters that force us to really think twice about choices we have made and directions we have taken. Often, we find ourselves looking at those we have hurt square in the eye and wallowing in our foolishness. We regrettably realize that we have allowed our needs to lure us into making some cruel mistakes. We impulsively say things and flippantly do things that reveal our unredeemed and unhealed self. It is a self we stumble over and try to tame but can't quite seem to master and control. Help!

We spin our wheels, naively thinking that we will somehow, perhaps through persistence, get ourselves unstuck. But, we don't. We just get out of the car, feeling very helpless, and ignorantly look at the mess we got ourselves into. Did we ever think to ask someone for help? Or, taken the advice of One who is wiser and avoid this route altogether? "Come after me," are words that Jesus says to all of us. In order to heed his invitation, we must leave our ego-self behind and follow.

When we really see and understand the freedom, peace, justice, and love he offers, we find ourselves with such sorrow in our hearts for how foolish and silly we have been. All the misguided choices and sinful actions come full view and we see how risky our random impassioned behaviours really have been. Repentance is beautiful. When done with a sincere and contrite heart, it directs us to the glory that can be ours, ignites us with the challenge of living a life in service of others and reminds us that all is well.

## WEEKLY NEWSLETTER Jan 24th 2021

### MASS INTENTIONS

Following the Government's recent announcement of Level 5 restriction for all of Ireland, all Masses will be online until further notice.

#### There will be NO public masses.

Mass will be broadcast online via our parish webcam and at [www.churchservices.tv/Cabinteely](http://www.churchservices.tv/Cabinteely)  
The Church is open for private prayer from **10.30am to 4pm—Mon to Fri**

#### We remember on Sunday 24th

Michéal & Betty Gormley  
Carmel Coughlan -4<sup>th</sup>  
John Carroll - 14<sup>th</sup>  
Michael Bolger -12<sup>th</sup>  
Deceased members of the Gardiner & Carey Families.

#### Recently Deceased.

Danny Deegan  
Brendan Colgan  
Fr. Flor McCarthy  
Jerry Kiernan

#### Months Mind

Tom Clancy  
Paddy Kelly  
Jim Brennan

#### Anniversaries

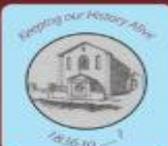
Lily O'Shea - 35<sup>th</sup>  
Eugene Sexton

**Mon 10am.** Mass of Thanksgiving  
Dermot Roughan—11th Anniversary &  
His sister Camilla McLaughlin—  
Recently Deceased

**Tues 10am.** Thomas & Josie Fox  
Lily O'Shea—35<sup>th</sup>

**Thurs 10am** - Special Intention  
Laurence Redmond Recently Deceased

**Fri 10am.** Mary Brophy—1st Anniversary  
Cathal McAlinden—Rec. Deceased

 **SAVE CABINTEELY CHURCH**  
Estimated Cost: €500,000  
Donate online at [www.cabinteelyparish.ie](http://www.cabinteelyparish.ie)  
**YOUR DONATION URGENTLY REQUIRED**

Parish of St Brigid's Cabinteely  
[www.cabinteelyparish.ie](http://www.cabinteelyparish.ie) [info@cabinteelyparish.ie](mailto:info@cabinteelyparish.ie)  
Fr. Aquinas Duffy 01 5672374 [pp@cabinteelyparish.ie](mailto:pp@cabinteelyparish.ie)  
Fr Arthur O'Neill and Fr Tom O'Keeffe

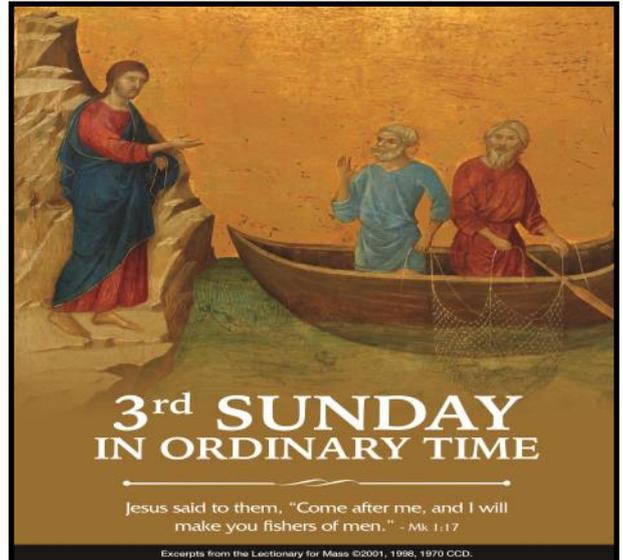
Parish Office/Sacristy 01 2858835

**PLEASE TAKE HOME A COPY OF THIS**

## SUNDAY OF THE WORD OF GOD – 24th Jan 2021

Pope Francis wanted “a **Sunday** given over entirely to the Word of God, so as to appreciate the inexhaustible riches contained in that constant dialogue between the Lord and his people” (*Misericordia e misera*, 7). It takes place **during the Week of Prayer for Christian Unity**, emphasising the important bond we have in Sacred Scripture with other Christian denominations and religious traditions.

Pope Francis invites us to find “ways to mark **this Sunday** with a certain Solemnity” (*Aperuit illis* 3). And so we **invite people at home to take out their family Bible this day** and have it open in an honoured place in their home before them, with a candle beside it.



### Age Friendly Magazine.

Dún Laoghaire-Rathdown County Council Community Dept. has produced an *Age Friendly Magazine* for Winter 20/21. The magazine has been developed, in conjunction with the Council's partners in the County's Age Friendly Alliance, as a source of information and entertainment for the County's older population during the winter months. The magazine contains local information and supports, health and wellbeing information, short stories, poetry, recipes, activities and puzzles. Hard copy versions of the magazine are available in your local Supervalu, Centra stores, pharmacy, church or library. They are also available on request from the Council's Community Section on 01 2054893 or [community@dlrcoco.ie](mailto:community@dlrcoco.ie). A soft copy version can also be downloaded from the dlr website, <https://www.dlrcoco.ie/en/community/dlr-age-friendly-county>.

### New Pilgrim Path Website of the Week

Now that so many of us have more time to spare than we may ever have experienced, might you consider making an online retreat? New Pilgrim Path provides links to a rich variety of online opportunities ranging from three days ('Pilgrimage' with the Benedictine nuns of Turvey Abbey in Wales) to 35 weeks (the complete spiritual exercises of St Ignatius), and many more in between. Most are self-guided, but some also offer the opportunity for individual spiritual direction.

For these, and other wide ranging spiritual resources especially useful in times of pandemic. Visit [www.newpilgrimpath.ie](http://www.newpilgrimpath.ie).

### Dublin Diocesan liturgical Resource Centre.

In place of our Annual Winter/Spring Seminar we invite you to join us for 3 Online Liturgy Tuesdays with presentations and chats where ideas can be shared. **To book your place** email [lisia.cashen@dublindiocese.ie](mailto:lisia.cashen@dublindiocese.ie)

**Tuesday 26th January** - 8.00 – 8.45pm - ZOOM - How we can celebrate the season of Lent in COVID times?

**Tuesday 2nd February** 8.00 – 8.45pm - ONLINE ([www.rednuns.com](http://www.rednuns.com)) Day for Consecrated Life.

**Tuesday 9th February** 1 8.00 – 8.45pm - ZOOM - How do we reconcile in COVID time?

## COVID-19 (Coronavirus)

**Stay Safe  
Protect each other**

Stay Home,  
Wash Hands,  
Wear a Mask  
Maintain Social Distancing

### COVID-19 . Support Line for Older People.

ALONE manage a national support line & additional supports for older people who have concerns or are facing difficulties relating to COVID-19. Professional staff are available to answer queries & give advice and reassurance where necessary. The support line is open 7 days a week, 8am - 8pm, by calling **0818 222 024**.

### Thank You for Your Generosity

Thank you to those who continue to contribute to the 1st Collection (Common Fund which pays an allowance to priests) and the 2nd Collection (Share which supports developing parishes & the Diocesan Administration) in addition to the planned Giving which supports the running of the parish. There are permanent boxes in place for 1st & 2nd Collections. There is also a double envelope for the 1st & 2nd Collections. **If you put your name and address on the envelope we can claim the tax back on it.**  
*Fr Aquinas*