



# St Brigid's Parish Cabinteely



## August 9th 2020 - 19th Sunday in Ordinary Time

Be still and know that I am God. Silence is sacred. Silence speaks the language of the soul and is the foundation of all life and eternity itself. Silence takes us beyond the limits of our minds and allows us to seek and to love the essence of all love, perfect love, and being. In silence, we can be non-verbally present to things and to God in ways that words cannot accomplish. We can discover, encounter, and be present to truths that our minds struggle to conceive and then set aside the boxes we put around things when comprehending them is challenging. We can know the unknowable and touch eternity when we encounter the core silence in our souls.

We can do this even on a noisy street and in the midst of the greatest distraction. Once we have made friends with silence, the rambling noise of the world no longer seems to matter, and we can carry a deep forgiving peace within us, even when physical silence cannot be found. We know that we are loved, cared for, sustained, nourished, embraced, and carried. There is nothing to fear in silence, and I can be present to myself in the same way that God is present to me. I can see myself as God sees me. All of my faults, weaknesses, imperfections, failings, and sinfulness melt away in the abundance of God's mercy. All of the worldly things we see as being important no longer are.

It is in silence that all of the barriers that divide us disappear. There is no more "yours" and "mine" but only the oneness of "ours." There is no longer a need to "figure things out," and we tap into our desire to simply let things be. Silence is creative and powerful and gives us hope. Silence is God's greatest blessing. God became one with humanity in silence. It allows us to be one with all of creation, with the moon and the stars and all of the creatures God has made. The smallest particle of creation radiates with beauty. Silence allows us to soar beyond ourselves and connect in ways that the mind can only imagine. When all is quiet, we begin to see that it is only our fear that keeps us from the Lord. It is our fear that causes us to sink and to fail. We can hear the gentle whisper that tells us to reach for God's hand. We discover that we yearn for the salvation and wholeness that only God can give to us. Be still my soul and be at peace.



**SAVE CABINTEELY CHURCH**

Estimated Cost: €500,000

Donate online at [www.cabinteelyparish.ie](http://www.cabinteelyparish.ie)

**YOUR DONATION  
URGENTLY  
REQUIRED**

Parish of St Brigid's Cabinteely  
[www.cabinteelyparish.ie](http://www.cabinteelyparish.ie) [info@cabinteelyparish.ie](mailto:info@cabinteelyparish.ie)  
Fr. Aquinas Duffy 01 5672374 [pp@cabinteelyparish.ie](mailto:pp@cabinteelyparish.ie)  
Fr Arthur O'Neill and Fr Tom O'Keeffe

Parish Office/Sacristy 01 2858835

## WEEKLY NEWSLETTER August 9th 2020

### MASS INTENTIONS

**Sat 8th August 2020**  
**No Vigil Mass**

**Sun 9th August 2020**  
**10am only** - Web Broadcast Also

**We remember on Sunday.**  
*Paul Devenney—2nd Anniversary*  
*Pat Meehan—1st Anniversary*  
*Dennis Downey—Recently Deceased.*  
*Kay Kenny—1st Anniversary*

**Recently Deceased**  
Dennis Downey  
Gemma Byrne  
Ken O'Leary

**Anniversaries.**  
*Paul Devenney—2nd Anniversary*  
*Pat Meehan—1st Anniversary*  
*Kay Kenny—1st Anniversary*  
*Paddy Perry*

**Months |Mind.** Tom Keogh

**Mon 10am** Eddie Murphy— RIP

**Tues 10am.** Peter McNabb— RIP

**Thurs 10am** John McColgan— RIP

**Fri 10am** Sylvia Gray—RIP

**Sat 15th—Feast of the  
Assumption—Mass at 10am**

**PLEASE TAKE HOME A COPY OF THIS NEWSLETTER**



## Let's Begin Together

Our church has now been open to the public for one month and feedback on the "New Normal" has been predominantly positive. Attendance at weekday masses has averaged 30, Sunday attendances have fluctuated with last weekend's hitting our capacity for the church. We utilised the parish centre to accommodate an additional 15. Our stewards have been key in ensuring the smooth operations of daily mass and I would like to thank them all for volunteering and appeal to others who may be able to assist, midweek or on Sundays, to give their name to the parish office [info@cabinteelyparish.ie or phone 01-2858835.]

Without additional volunteers we may not be able to reinstate the full mass schedule.

So for now there will be just one Sunday mass at **10 AM**. There is NO obligation to attend on Sunday or a Holy Day and so we are encouraging people to attend midweek when numbers are lower.

We ask People to continue to

- \*Follow the directions of the Stewards;
- \*Practice social distancing,
- \*Sanitise hands on the way in and out;
- \*Enter by front door and exit by side chapel door;
- \*Wear a face covering in the Church where possible;
- \*Holy Communion will be distributed after Mass as you are leaving the Church;
- \*No congregational singing,
- \*Provision of Tea afterwards is suspended for now
- \*Use of the Bathroom is by request;
- \*If you not feeling well please do not come to the Church;
- \*If you have any underlying medical conditions you may wish to continue watching Mass via our web cam.

We are on this journey together so let's begin together slowly and carefully. *Fr Aquinas.*

St Brigid's Church has been treated with **Re-Active Barrier Technology**. The Church was misted with a chemical solution that kills all germs on contact. Additionally, when the solution dries a barrier is created. If subsequent germs are re-introduced to the surface the solution reactivates and eradicates those germs and viruses immediately, thus providing protection between cleans.

Saturday 15th August is the Feast of the Assumption.  
Mass will be at 10am

If you would like a loved one remembered at the weekday or Sunday Masses, please call the parish office 01-2858835 or email info@cabinteelyparish.ie.

## Confirmation Services 2020 (without Mass) (all in St Brigid's Church Cabinteely)

Saturday 12th Sept 10 AM St Brigid's Boys  
Saturday 12th Sept 12 Noon St Brigid's Boys

Saturday 19th Sept 10 AM St Brigid's Girls  
Saturday 19th Sept 12 Noon St Brigid's Girls

Saturday 26th Sept 10 AM St Brigid's Boy's  
Saturday 26th Sept 12 Noon St Brigid's Girls

## First Holy Communion Masses 2020 (All Masses at St Brigid's Church)

Saturday 3rd Oct: 10 AM Girls School Class (20)

12 Noon Girls School Class (20)

Saturday 10th Oct 10 AM Girls School Class (20)

12 Noon Girls School Class (14)

Saturday 17th Oct: 10 AM Boys School (20)

Saturday 24th Oct 10am Boys School [16]

## New Pilgrim Path Website of the Week.

The Bible mentions trees more than any living thing other than humans. From the Fall to the Crucifixion, almost every major event in the Bible features a tree, branch, fruit, seed, wood or other part of a tree. Trees are also a powerful metaphorical presence in the Old and New Testaments, from the Tree of Life to the parable of the mustard seed. The Christian has immensely valuable lessons to learn from trees – whose magnificence emerges from a rich darkness, silence and stillness. New Pilgrim Path this week is devoted to the spiritual dimensions of these marvels of creation. The website of the week draws on related spiritual reflections from three different sources; the music and poem of the week also have an arboreal theme. Access all this at: [www.newpilgrimpath.ie](http://www.newpilgrimpath.ie).

## Thank You for Your Generosity

Thank you to those who continue to contribute to the First Collection (Common Fund which pays an allowance to priests) and the Second Collection (Share which supports developing parishes and the Diocesan Administration) in addition to the planned Giving which supports the running of the parish. There are permanent boxes in place for First and Second Collections. There is also a double envelope for the First and Second Collections. If you write your name and address on the envelope we can claim the tax back on it.

*Fr Aquinas*

Our Parish Shop is now open  
9 AM to 4 PM Monday to Friday.