



## Parish Noticeboard.

### Social Welfare Information

Our Social Welfare Information Service takes place in St Brigid's Parish Centre every Tuesday - 10.30 am - 12.30 pm. **Just drop in – no appointment needed.** Not available on Feb 27 or March 6.



### St Brigid's Cross

The next mini cross is being engraved at present and should be in place in the patio outside the Church before the end of the month.

We are taking bookings for the next cross. Four bricks make up a cross – cost €125 per brick.

A great way to remember a special day/date, wedding, birth, baptism, family or a loved one. Contact the parish office for more information.

### Novice Bridge Club

Our **Novice Bridge Club** takes place every Thursday from 7.30 pm - 10.00pm (for those playing bridge up to 5 years - assistance given if required). Partners not required. If you play, come along and join us.

### Mindfulness Course

(8 Weeks + 1 Day Retreat)

Starting 29th January – St Brigid's Parish Centre Offering the gift of Wellness for Mind, Body, Heart.

**Ph. Pamela-Maria 083 8166800**

**Email [info@mindfulnessatsource.com](mailto:info@mindfulnessatsource.com)**

### New Pilgrim Path Website of the Week.

Changes in technology have made it possible for churches to stream services over the internet, and help parishes and other religious organisations expand their reach across the globe, well beyond what was traditionally possible. This means that people confined to home, or those living far away from home, can participate online in a service either at their own local church, if that church is one of the growing number of participating churches, or at a wide range of other churches. A "what's on now" option is a valuable element of the service. To access this useful resource, visit [www.NewPilgrimPath.ie](http://www.NewPilgrimPath.ie)

### Saint John of God Hospital

Saint John of God Hospital, Stillorgan are holding an 8-week Mindfulness Based Stress Reduction (MBSR) course, starting on Wed. 31<sup>st</sup> Jan'18, (8 Wednesdays) from 6-8.30pm. Price €350.00. Contact: Anne O'Farrell 01-2771472 or Email: [Anne.ofarrell@sjog.ie](mailto:Anne.ofarrell@sjog.ie)

21st Jan '18

**Age action together with eir** are making waves to find Ireland's top Silver Surfers. The awards celebrate & showcase older peoples' use of the internet & technology as well as the volunteers who teach these skills. We would be delighted to receive nominations from you before the closing Wednesday 21<sup>st</sup> February 2018. Brendan Courtney will present the awards at a ceremony on Tuesday 28<sup>th</sup> March at The Eir Building, 1 Heuston South quarter, St. John's Road, Dublin 8

### Oil Painting Classes

St. Brigid's Parish Centre, Tuesday evenings, 7.30-9.30pm. Beginners & Improvers welcome. Contact Derek on 086-312000 for more information



**The Poor Clares in Galway** are hosting a Cloister Day on Sat, Jan 27 from 10am – 5pm to help young women aged 21 – 40 to find out more about the Poor Clare way of life with a view to vocation discernment.

Contact Sr Faustina at:

[poorclaresgalwayvocations@gmail.com](mailto:poorclaresgalwayvocations@gmail.com)

### Save the Date

The Archdiocese of Dublin's Knock Pilgrimage will take place on Sat, April 21. Theme: 'We are Pilgrims – Knock invites us to Healing and Peace'. More information to follow.

### Ewe Thina – We Walk God's Way.

Join other young adults (20s & 30s) once a month for reflective hikes around Dublin area. Next hike will be on Sun, 28<sup>th</sup> Jan on the Bray to Greystones Coastal Trail.

Meet at Bray Dart Station at 1 pm.

email [st.pauls@dublindiocese.ie](mailto:st.pauls@dublindiocese.ie)

### Retrouvaille – A Lifeline for Married Couples.

Next programme 2 – 4 Feb. For more information contact [info@retrouvaille.ie](mailto:info@retrouvaille.ie)

### St Brigid's Parish Cabinteely 18<sup>th</sup> Golf Classic Thurs, 17<sup>th</sup> May 2018 Old Conna Golf Club



Format – Rumble – Four person Team – any combination.

Special Prizes – Nearest the Pin and Longest Drive – Ladies and Men.

Timesheet now open, tee times from 12 noon – 3.30 pm

Entry fee (incl Golf and Meal) €75 pp or €300 per team.

Meal served in Parish Centre from 8 pm. Prizegiving at 9.30 pm. Contact Parish Office for more information.



**Cabinteely website** : [www.cabinteelyparish.ie](http://www.cabinteelyparish.ie) – includes Mass Live Link  
**Cabinteely e mail** : [info@cabinteelyparish.ie](mailto:info@cabinteelyparish.ie) - Phone: 01 285 8835  
 Foxrock website : [www.foxrockparish.ie](http://www.foxrockparish.ie)  
 Johnstown website : [www.johnstownkillineyparish.com](http://www.johnstownkillineyparish.com)

### SPOILSPORT GOD?

When Jonah had finished preaching to the people of Nineveh they repented and God forgave them. But Jonah was furious and accused God of being lily-livered for not bringing a good old-fashioned disaster on them as a warning to other sinners.

I suspect that we can all sense a bit of Jonah in us. There are times when we think that certain people should be made an example of rather than shown clemency. Yet the very first words of Jesus in Mark's gospel show that God wants people not to be damned but to turn back to him: 'Repent and believe the Good News'.

Forgiveness is in many ways the greatest humiliation, for it requires of us that we actually finding excuses for our sin. We talk about compulsive behaviour, diminished responsibility and mitigating circumstances. This might all be true, but it doesn't take away the sin. We are capable of deliberately doing something wrong, and in the depth of our being we know that we regularly do sin.

And Jesus knew it too. Yet strangely he was not so much obsessed with sin as with forgiveness. He urged people to look at themselves squarely, warts and all, and to acknowledge their need to change. This is what real repentance means... change.

If we avoid minimising and evading our sinfulness then we have the opportunity to face the truth and to grow. For the truth sets us free to develop rather than live the life of sapping torment that ignores our behaviour or relativises it by saying 'Well, everyone does it these days'.

Admitting our need for forgiveness breaks the spiritual paralysis. The grace of repentance empowers us to act decisively. We do not deserve the unconditional pardon that God offers, but in Christ we are entitled to it. For when we admit our need of repentance we enable our minds to think clearly once more, to refocus on the truth of the Good News, to lose the heartache that sin always brings with it. Sinful actions ultimately entrap and make life deadly. Repentance offers fresh hope and resurrection.

There are **Confessions** every Saturday after 6.30pm Mass here in St. Brigid's, Cabinteely.

### Weekend Intentions

Along with their families and friends the following people are especially remembered this weekend. This time of the year holds a special significance for all those who knew and who loved them.



**6.30pm** – 1. Joe Galligan – Get Well

**10.00am** – 1. Gerry Young – 9<sup>th</sup> Anniversary  
 2. David Byrne – Rec Deceased

**12.30pm** – 1. Jim Hayes – 27<sup>th</sup> Anniversary  
 2. Dermot Delahunty – 5<sup>th</sup> Anniv

**11.15 am**, The Park – Kevin Smith – 4<sup>th</sup> Anniversary

**Recently Deceased:**, Brian Brennan

**Months Mind:** David Byrne, Peter Coyle

**Anniversaries:** Mary Raythorn (17<sup>th</sup> Anniv), Brigid Perry, Alice O'Shea (2<sup>nd</sup> Anniv)

### OFFICIAL FAMILY PRAYER FOR WORLD MEETING OF FAMILIES 2018

God, our Father,  
 We are brothers and sisters in Jesus your Son,  
 One family, in the Spirit of your love.  
 Bless us with the joy of love.  
 Make us patient and kind,  
 gentle and generous,  
 welcoming to those in need.  
 Help us to live your forgiveness and peace.  
 Protect all families with your loving care,  
 Especially those for whom we now pray:  
 [We pause and remember family members and others by name].  
 Increase our faith,  
 Strengthen our hope,  
 Keep us safe in your love,  
 Make us always grateful for the gift of life that we share.  
 This we ask, through Christ our Lord, -  
 Amen

Mary, mother and guide, pray for us.  
 Saint Joseph, father and protector, pray for us.  
 Saints Joachim and Anne, pray for us.  
 Saints Louis and Zélie Martin, pray for us