



Parish Noticeboard.

Social Welfare Information

Please see notice at the back of church regarding dates for **Social Welfare information** during the month of September in Cabinteely, Foxrock & Johnstown parishes. This service **will not be available** from Monday 25th Sept – Wed 4th October inclusive.

Novice Bridge Club

Our **Novice Bridge Club** is up and running after the Summer break and takes place every Thursday from 7.30 pm - 10.00pm (for those playing bridge up to 5 years - assistance given if required). Partners not required. If you play come along and join us.

CBC Monkstown Park Open Night

Thursday, 21st Sept from 7 -9 pm.
All prospective students and parents invited.

Pathways – Exploring Faith and Ministry

An adult Faith Development Programme, Sept to May – 2 year course.
See noticeboard re this programme.

Book now for Mindfulness Classes

Starting Mon. 25th Sept./9.45am – 12.15 pm
8 classes plus 1 day of mindfulness.
Decrease anxiety, stress and pain
Increase self-compassion, confidence, and acceptance
Improve sleep, communications, relationships, health.
Contact Pamela Maria 083-8166800

St Brigid's Cross

We are now taking bookings for the next mini-cross for insertion into the patio area outside the church. Four bricks make up a cross – cost €125 per brick.
A great way to remember a special day/date, wedding, birth, baptism, family or a loved one. Contact the parish office for more information.

Interested in Spirituality?

Explore a new programme in spirituality in Lumen – Dominican Centre, Sion Hill Campus, Blackrock: two years part time, Thursday evenings and six Saturdays to start 28 September 2017. Exciting and inspiring. Open to all, no prior learning needed. Contact Anne Ryan, anneryanflanagan@gmail.com, 086 884 3652

Dance Therapy classes commence here in Parish Centre on tomorrow Monday 18th Sept.- 23rd Oct. Simple movement reflecting & embracing mind, body & spirit. Contact: Leonie Gallagher on 087-9711989

ST. BRIGID'S PARISH VOLUNTEERS!

You've given of your time, talents and energy in serving this community...
We want to say **"thank you!"**



Please join us for a celebration in your honor on

Sunday October 8th at 10am
St. Brigid's Parish Church, Cabinteely
for a celebration
'Mass of Thanksgiving'

Refreshments will be served immediately after in the Parish Pastoral Centre.
ALL WELCOME



Hospice Coffee Morning

Today, after the 10 am Mass the Coffee Morning in the Parish Centre will be in aid of the **Hospice**. Lots of cakes, tea/coffee. All

invited to drop in after Mass.

Next Coffee Morning – 1st October

Set Dancing Classes

Set Dancing Classes will continue here in St Brigid's Parish Centre on Friday evenings at 7.30pm. 2 hours of set dancing + half -hour of steps and, if you play an instrument, join in our [learner's session](#) at break time.



€10 for two and a half hours, including set dancing, steps & session.
No experience needed, partner not required, no need to book, just turn up, it's really great fun – go on, give it a try.
Details online at <http://www.ceili.ie/fri/>

Is learning how to play golf on your 'to do' list?

Is it something you always wanted to try?

Now is your chance!

Golf Coaching for the total beginner will commence here in **St. Brigid's Parish Centre** on Monday 25th Sept. for an introductory 6 weeks course.

Time: 8 pm -9 pm
Cost: €75 pp. Max no: 12.
Equipment provided.
Course for Ladies & Gents.
Coaching by Mark Peat,
Play2LearnGolf.

Contact Parish Office to book your place.



