

Cabinteely website : www.cabinteelyparish.ie – includes Mass Live Link
Cabinteely e mail : info@cabinteelyparish.ie - Phone: 01 285 8835
 Foxrock website : www.foxrockparish.ie
 Johnstown website : www.johnstownkillineyparish.com



First Sunday of Lent

GIVE UP GIVING UP

We can't help thinking of Lent as a time for "giving up" things. Ever since we were small we have been told that Lent is a

time for giving up sweets, giving up watching TV, giving up cakes, giving up alcohol, giving up....

There's nothing wrong with giving up things. It can be a good way of concentrating our minds on higher issues. Of course, the bible warns us about giving up things whilst not doing anything about those in need. There's no point in doing without food and drink if you don't also clothe the naked and release the oppressed, says God.

So what makes giving up good or bad is the motive behind it. But better than "giving up things" is "giving up self". Rather than miss out on the movie, bypass the brandy or pass on the pudding, think of giving up something of your own self and handing it on to others.

It doesn't take a genius to realise that if each one of us did one small thing to help a person in need during Lent, then we could do much to alleviate the plight of the naked and oppressed. For today's naked and oppressed are the homeless, those struggling to make ends meet, those who will die of starvation, those whose basic human rights are denied them, those who face the world alone and confused, and those who find it hard to survive.

Our Lenten fast takes flesh if we are prepared to give something of ourselves to another person. It does not have to be someone thousands of miles away. Our giving can be a few minutes of "quality time" with a young person who feels that adults don't really care, or a visit to an elderly person who craves for human contact, the touch of a human hand and a chat with somebody who is bothered and who will listen.

So, by all means, give something up for Lent. But like Christ who fasted for forty days in the desert, make it a gift of yourself.

Weekend Intentions

Along with their families and friends the following people are especially remembered this weekend. This time of the year holds a special significance for all those who knew and who loved them.



6.30pm – Joan Moane – Months Mind

10.00am – Carmel Coughlan – Months Mind
 - Maura Givonalli – Rec Deceased

12.30pm – 1. John Holland – 16th Anniv.
 2. Nkiru Georgina Odoh –Rec Dec

11.15am (The Park) –

Recently Deceased: Francis Byrne

Months Mind: Joan Moane, Carmel Coughlan

Anniversaries: Philip Ryan, Jimmy Hickey

Mass times in St. Brigid's Church

Monday Tuesday Thursday Friday -10 am
Saturday (Vigil Mass) – 6.30 pm
Sunday – 10 am and 12.30 pm and
11.15 am Park Mass (term time)

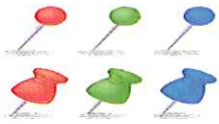


Lent

Do something special for Lent. Come to the morning Prayer of Light every Monday morning after 10 am Mass for 10 minutes of prayer, singing, meditation and psalms. Starts tomorrow Monday 6th March. All welcome.

Anam Cara (National Organisation that Supports Bereaved Parents) Information evening on Monday, 13th March from 19.30 hrs – 21.30 hrs in the Maldron Hotel, Tallaght, Dublin 24 Call 01 404 5378 for more information.

Suicide bereavement group H.U.G.G. – Healing Untold Grief (group) hold a meeting every Tuesday @7.30pm in the Clayton Hotel, Leopardstown. Talk, Listen, Heal, you are not alone. All Welcome. Contact 086-8393557



Parish Noticeboard.

Confessions every Saturday after 6.30pm
Mass here in St. Brigid's, Cabinteely

Social Welfare Information

Our Social Welfare Information Service takes place in St Brigid's Parish Centre every Tuesday -10.30 am-12.30 pm.
Just drop in – no appointment needed.

No information service on 7th March.



Novice Bridge Club

Our Novice Bridge Club will take place every Thursday evening from 7.30 pm - 10.00pm (for those playing

bridge up to 5 years - assistance given if required). Partners not required.

New members very welcome



Ministers of the Eucharist are available to bring Holy Communion to the housebound. **Contact Joan O'Shea on 01 2824814** if you or someone you know would like to receive Holy Communion on a regular basis.

Prayer Intention Box

As happens annually the many prayer petitions deposited in the Prayer Box have been respectfully burned and the ashes scattered in the Church Memorial Garden.

Laura Lynn – Bridge Night

Thurs 9th March – 7.30 pm sharp.
Killiney Golf Club (Beginners and Improvers welcome). Pre booking essential.
Contact Denise 087 226 7378 / Gemma 087 681 5614 - €20 per person incl refreshments.

New Pilgrim Path Website of the Week.

The websites Sacred Space and Pray-As-You-Go together offer a beautiful Lenten retreat based on the seven last utterances of Jesus on the Cross. The sessions are released once a week throughout Lent. Each of the seven sessions lasts about 20 minutes, but can be revisited often. Access these, and other rich online spiritual resources, via www.NewPilgrimPath.ie

Parkinson's Association of Ireland

Foxrock Support Group are meeting monthly in Foxrock Parish Centre. For further details phone Aoife at 01 289 3642 (evenings).

CAR RAFFLE

Our Fundraising 500 Limited Raffle for a 172 Hyundai i20 Deluxe will be launched this weekend, 4th / 5th March.

Tickets will be available this weekend after all masses and in the Parish Office after that date.



Tickets are €75 each and can be purchased either with a once off payment or can be purchased over March, April and May at €25 per month.

The raffle will take place on Friday, 30th June in the Parish Centre at 8 pm.

The Car supplied is by Mooney's Hyundai, Deansgrange.

The ever-popular **Monday at the Monastery** series of talks returns to **Presentation Brothers, Glashule** on 6th March, for four Mondays during Lent.

This week, former GAA player John McAreavy speaks about finding God's mercy amidst tragic circumstances, and acting out a merciful faith today.

All talks begin at 7.30pm and are free to attend. More information on www.PresentationBrothers.org

The Girls from **St Brigid's Girls School** will receive their First Penance next Wednesday in St Brigid's Church at 7 pm.

Trocaire Boxes

There are Trocaire Boxes available at the back of the Church for any families who wish to have one during Lent.



Senior Social Club,

Our Senior Club meet every Wednesday 2.30pm-4.30pm for a Cup of Tea & chat, Bingo, Exercise, Music, Art, Outings, Talks & Card playing.

New members welcome. Transport available.

New drivers needed – to collect participants from their home and bring them to the Centre, and return home after Club. Rota to be set up. Without lifts our senior club will not be able to continue. Please help if you can.

