

Cabinteely website : www.cabinteelyparish.ie – includes Mass Live Link
Cabinteely e mail : info@cabinteelyparish.ie - Phone: 01 285 8835
 Foxrock website : www.foxrockparish.ie
 Johnstown website : www.johnstownkillineyparish.com

Sunday Thoughts

QUITE A SURPRISE

We all have our own prejudices. Some of us wouldn't touch a German white wine if it were on prescription. Others would always go for a week's bed and breakfast at Mrs Murphy's Guest house in Kenmare rather than a luxury holiday abroad in the sun. A new fashion design business would have an uphill struggle if it opened in Scunthorpe and a gourmet restaurant would have to prove itself to survive in West Bromwich. (Apologies to anyone who lives in these towns!)

The same was true in Jesus's day. Of all the chic places to be found, the land of Zebulun and Naphtali, in northern Palestine, was not exactly at the top of the list. It had been attacked by the Assyrians and many people had been deported. So it's with a sense of irony that Matthew remembers Isaiah's prophecy about how God would make these places great. And now the eyes of the world look to Zebulun and Naphtali as the place from which God's promised Messiah has come.

We have to fight against letting our prejudices get the better of us. For our God is a God of surprises. Just when we think we have got it all sewn up and we know what to expect, God pops up in the most unusual of circumstances and makes a nonsense of our best predictions. The pages of religious history are littered with the underdog proving victorious.

That's because God doesn't march to the same beat as we do. God is bigger than we can ever imagine and he chooses to work things out in his own way and not in ours. It's only our puny expectations that prevent us from doing great things. We have learned not to expect much, even of God. And although God tells us to pray for the Holy Spirit in our lives so that we will accomplish wonders and marvels, we sometimes need some convincing.

As this year of Matthew's gospel unfolds we will be invited to set no limits on what God can do in our lives, to expect the un hoped for, to await more than we could ever dream of. Alternatively, we could put our faith on hold and try another week at Mrs Murphy's. There are no surprises there.

Weekend Intentions



Along with their families and friends the following people are especially remembered this weekend. This time of the year holds a special significance for all those who knew and who loved them.

6.30pm – Brendan Raythorn – Months Mind and his wife Mary – 16th Anniv.

10.00am – Special Intention for the Crowley Family.

12.30pm – Jim Hayes – Anniversary
and Adeline (3rd Anniv) and David Slattery - Anniversary

11.15am (The Park) –

Recently Deceased: Thomas Marr, Liz Buckley

Months Mind: Brendan Raythorn, Maureen Lalor

Anniversaries: Eileen and Jim McKelly, Sheila Slater (21st Anniv),

Mass times in St. Brigid's Church

Monday Tuesday Thursday Friday -10 am
Saturday (Vigil Mass) – 6.30 pm
Sunday – 10 am and 12.30 pm
and 11.15 am Park Mass (term time)

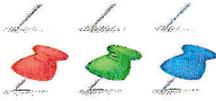
Faith Development Groups

Centering Prayer: Wednesday 7pm- 8pm
Prayer group: Thursday 10.30am
Gospel Contemplation: Fridays 11.00 am to 12.00 noon.

Please feel free to join any groups.

The **Thursday Morning Prayer Group** invites new members. We meet every Thurs 10.30 am – 11.30 am, we study the readings for the Sunday ahead, sing, pray, share experiences and a lot more. Please consider joining, just turn up on a Thursday morning.

Looking for a course about **global social injustice?** Contact Viatores Christi (VC) for more information about their 4-weekend course which is open to anyone wishing to learn more about mission work.
 Tel 01 868 9986 or www.viatoreschristi.com



Parish Noticeboard.

The Parish Office/Centre

Do you have an idea for a class/course/event? We would love to hear from you.

The Centre is open for bookings of classes, events, courses etc. Lots of activities/coffee dock in the parish centre every day. Coffee dock open after 10 am Sunday Mass. Do drop in, you will be very welcome.

Come in We're
OPEN

Help needed – can you spare an hour on Sunday morning on a rota basis – Volunteers required to help in the Coffee Dock in the Parish Centre – contact the Parish Office if you can help. A great way to meet parishioners and make new friends.

Social Welfare Information



Our Social Welfare Information Service takes place in St Brigid's Parish Centre every Tuesday -10.30 am-12.30 pm. **Just drop in – no appointment needed.**

Novice Bridge Club



Our Novice Bridge Club will take place every Thursday evening from 7.30 pm – 10.00pm (for those playing

bridge up to 5 years - assistance given if required). Partners not required.

New members very welcome.

Pilates Classes - Tuesday evenings 3 classes 6 pm – 9 pm – Parish Centre

Pilates for Men – Wednesday evenings – 2 classes – 7 pm – 9 pm – Parish Centre
Contact Hope on 087 231 5436

Volunteers Required to join our **Sacristan Support Team**. Training will be given. If interested in finding out more about this support role, please contact Ken in the Sacristy any morning/weekend after Mass.

Book now for Mindfulness Classes

Starting Monday, 23rd Jan 9.45am – 12.15 pm
8 mornings plus 1 day of mindfulness.

Decrease anxiety, stress and pain
Increase self-compassion, confidence, acceptance and **Improve** sleep, communications, health, relationships.

Contact **Pamela Maria 083 8166800**

Luisne on the Move!

From Jan 23rd Luisne courses will be run from the Kilcoole Community Centre. Meditation and prayer will continue at the Convent for January and February. For new booking arrangements please see www.luisne.ie.

Oil Painting Classes



St Brigid's Parish Centre, Beginning Tuesday, 7th February 7.30 pm to 9. pm. Beginners and Improvers welcome. Contact Derek on 086 312 0000 for more information.

Foxrock Parish

Adult Studies in the Catechism

Mon 23 Jan – for 12 Mondays to 10 April.
7.30 pm – 9.30 pm

This term: Life in Christ – an introduction to Morality.

Contact Maeve Davidson, 087 690 4814 or email: maevedavidson1@gmail.com

Mother & Toddler Group – this group has restarted and takes place each Tuesday of term time from 10.30 am to 11.45 am in the Parish Centre. New members welcome.

Cabinteely Community School

Adult Education Programme Spring 2017
Morning / Evening / QQI Classes – enquiries from 285 7455



Ministers of the Eucharist are available to bring Holy Communion to the housebound. **Contact Joan O'Shea on 01 2824814** if you or someone you know would like to receive Holy Communion on a regular basis.

QQI Level 5 Courses: Family Carers Ireland are holding QQI Level 5 Healthcare Support Award in February 2017. Contact 057 9322920 /email: mbracken@familycarers.ie / Web: www.familycarers.ie

Senior Social Club

Our Senior Social Club resumes on Wed next, 25th Jan in the Parish Centre from 2.30 pm to 4.30 pm. Tea, chat, bingo, exercises, music, art, outings, talks and cards. Transport available. New members very welcome. Contact the Parish Office for more information.



New Pilgrim Path

New Pilgrim Path Website of the Week:

The Liturgy of the Hours (also known as the Divine Office) is the richest single prayer resource of the Christian Church. It provides prayers, psalms and meditation for every hour of every day. You can pray it online daily through the Universalis website. Access this and many other rich Internet spiritual resources via www.NewPilgrimPath.ie