

**Cabinteely website** : [www.cabinteelyparish.ie](http://www.cabinteelyparish.ie) – includes Mass Live Link  
**Cabinteely e mail** : [info@cabinteelyparish.ie](mailto:info@cabinteelyparish.ie) - Phone: 01 285 8835  
Foxrock website : [www.foxrockparish.ie](http://www.foxrockparish.ie)  
Johnstown website : [www.johnstownkillineyparish.com](http://www.johnstownkillineyparish.com)

**Mass times in St. Brigid's Church**  
**Monday Tuesday Thursday Friday -10 am**  
**Saturday (Vigil Mass) – 6.30 pm**  
**Sunday – 10 am and 12.30 pm and**  
**11.15 am Park Mass (term time) –Park**  
**Mass restarts on Sun 15th January.**

### The Parish Office/Centre

Do you have an idea for a class/course/event? We would love to hear from you. The Centre is open for bookings of classes, events, courses etc. Lots of activities/coffee dock in the parish centre every day.



### Social Welfare Information

Our Social Welfare Information Service takes place in St Brigid's Parish Centre every Tuesday -10.30 am-12.30 pm. [Just drop in – no appointment needed.](#)



### Faith Development Groups

**Centering Prayer:** Wednesday 7pm– 8pm  
**Prayer group:** Thursday 10.30am  
**Gospel Contemplation:** Fridays 11.00 am to 12.00 noon.

[Please feel free to join any groups.](#)

### Novice Bridge Club

Our Novice Bridge Club will take place every Thursday evening from 7.30 pm - 10.00pm (for those playing

bridge up to 5 years - assistance given if required).

Partners not required.

**New members very welcome.**



### Spanish Classes

Conversation Spanish Classes for **Beginners** on Tuesday, 6 pm – 7.30 pm  
Conversation Spanish Classes for **Intermediate** speakers on Monday evenings, 7.30 pm – 9 pm.

As these classes started last week, this is the last week for joining in. €80 for either beginners or intermediate 10-week term. Contact Parish Office for details.

### Pilates Classes

Tuesday evenings 3 classes 6 pm – 9 pm.  
**Pilates for Men** – Wednesday evenings – 2 classes – 7 pm – 9 pm  
Contact Hope on 087 231 5436

Volunteers Required to join our **Sacristan Support Team**. Training will be given. If interested in finding out more about this support role, please contact Ken in the Sacristy any morning/weekend after Mass.

### Book now for Mindfulness Classes

Starting 23<sup>rd</sup> Jan – 9.45 am – 12.15 pm  
8 mornings plus 1 day of mindfulness.

**Decrease** anxiety, stress and pain  
**Increase** self-compassion, confidence, acceptance and **Improve** sleep, communications, health, relationships.

[Contact Pamela Maria 083 8166800](#)

### Luisne on the Move!

From Jan 23<sup>rd</sup> Luisne courses will be run from the Kilcoole Community Centre. Meditation and prayer will continue at the Convent for January and February. For new booking arrangements please see [www.luisne.ie](http://www.luisne.ie).

### Oil Painting Classes

St Brigid's Parish Centre, Beginning Tuesday, 7<sup>th</sup> February 7.30 pm to 9. pm. Beginners and Improvers welcome. Contact Derek on 086 312 0000 for more information.



### Experience the Christmas Story

in the land where it actually happened. Take a trip of a lifetime to the Holy Land, June 12 – 22. Group leader Micheal de Barra and



Spiritual Director – Fr John Newman. Contact Micheal on 086 833 7681 or email [culturaltoursireland@gmail.com](mailto:culturaltoursireland@gmail.com)

Looking for a course about **global social injustice**? Contact Viatores Christi (VC) for more information about their 4-weekend course which is open to anyone wishing to learn more about mission work.

Tel 01 868 9986 or [www.viatoreschristi.com](http://www.viatoreschristi.com)

**Mother & Toddler Group** – this group has restarted and takes place each Tuesday of term time from 10.30 am to 11.45 am in the Parish Centre. New members welcome.

### Vocation Exploration Day

Day to pray with the Sisters and to explore the possibilities of a Carmelite Vocation in Carmelite Monastery, Delgany, Co Wicklow on Sat 21<sup>st</sup> Jan from 10.30 am to 4 pm. Contact 085 860 1794 for more information